**Small Group Talk Sheet**

**Galatians – Week 9: What’s Driving Me?**

**1 Corinthians 9:19-23**

**Dave Wilde**

**Intro –** Sometimes it’s good to take a moment and take stock of a few things. We talked this last week about God being a good master. We also talked about the things that master us other than the Lord, as well. We become driven by the things that have mastery over us. If there is a goal for tonight, it is awareness and honesty. The more aware of our flesh that we are, the better we are able to submit it to the Holy Spirit when we recognize that we are succumbing to worldly emotions.

**Notes – Using the following passages, read and discuss the questions at the bottom of the talk sheet.**

***Romans 6:11-14 (NIV)***

11In the same way, count yourselves dead to sin but alive to God in Christ Jesus. 12Therefore do not let sin reign in your mortal body so that you obey its evil desires. 13Do not offer any part of yourself to sin as an instrument of wickedness, but rather offer yourselves to God as those who have been brought from death to life; and offer every part of yourself to him as an instrument of righteousness. 14For sin shall no longer be your master, because you are not under the law, but under grace.

**Small Group Questions: Leader, please read the following questions and give everyone a chance to participate.**

1. If you look back over your week and you are being totally honest, what would you classify as the top three things that dictated your behavior? If it’s the Holy Spirit, that’s fine. Think of things like fear, self-consciousness, hunger, anger, fatigue, etc.
2. Thinking deeply, what was at the root of what you mentioned above? In other words, maybe you were driven by anger in a certain situation, but were you frustrated at the situation, or were you already frustrated by something else?
3. Whether you are angry, hungry, tired, or anxious these emotions can cause a situation to be stressful.. What are some good strategies that you have found work really well when you are in a situation that is really stressful?